

APRIL 4 - MAY 15, 2018

Last day to register: March 21, 2018

Over 70 Athletic & Artistic Events for Ages 50 & Up

\$15 ENTRY FEE includes:

*Senior Games t-shirt

*Opening Ceremonies lunch

*Tournament Day lunch

*SilverArts Showcase Reception & Follies Show

*Celebration Social & Medals Ceremony

*Unlimited participation in over 70 events

Win 1st, 2nd, or 3rd place in your age category & go on to compete at NC Senior Games State Finals

ENTER ONLINE BEGINNING 2/1/18 bcparks.recdesk.com













Brunswick Senior Resources, Inc.

Making a Difference

910-253-2670 * khrystye.haselden@brunswickcountync.gov

ATHLETIC EVENTS

THIRD IT CEVENTE		
Individual Sports		Swimming
Basketball Shooting	<u>Bowling</u>	(listed in event order)
Football Throw	Singles, Doubles, Mixed Doubles	25 Freestyle*
Fun Walk (1 mile walk)		25 Breaststroke*
Softball Throw	<u>Pickleball</u>	25 Butterfly*
Golf	Singles, Doubles, Mixed Doubles	25 Backstroke*
		200 Freestyle
<u>Team Sports</u>	Table Tennis	100 Breaststroke
Softball	Singles, Doubles, Mixed Doubles	100 Butterfly
3-on-3 Basketball		50 Freestyle
	<u>Tennis</u>	100 Individual Medley
Track & Field Events	Singles, Doubles, Mixed Doubles	50 Breaststroke
50 Meter Dash		200 Backstroke
100 Meter Dash	Tournament Events	100 Freestyle
200 Meter Dash	Billiards	50 Backstroke
400 Meter Dash	Bocce	200 Individual Medley
800 Meter Dash	Cornhole	400 Individual Medley
1500 meter Run	Croquet	100 Backstroke
5K Run	Horseshoes	200 Breaststroke
10K Run	Shuffleboard	50 Butterfly
Running Long Jump		200 Butterfly
Standing Long Jump	<u>Cycling</u>	500 Freestyle
Shot Put	1 mile	*event not offered at
Discus	5K	State Finals
	10K	

Medals awarded at the **Celebration Social & Medals Ceremony** for winners in the above events in each age category (men/women separately).

Age categories are as follows: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, etc.

SILVERARTS

Visual Arts Category

Acrylics, Drawing, Pastels, Oil, Sculpture, Watercolor, Mixed Media, Photography (film/digital).

Heritage Arts Category

Basket Weaving, Crocheting, Jewelry, Knitting, Pottery (thrown/hand built), Needlework, Quilting (hand stitched/machine stitched), Stained Glass, Tole/Decorative Painting, Weaving, Woodcarving, Woodcarving, Woodworking.

Literary Arts Category

Poetry, Short story (fiction), Essay (not autobiographical), Life Experiences (autobiography).

Performing Arts Category

Vocal, Dance, Drama, Comedy, Instrumental, Line Dance

Cheerleading Category

SIlverArts entries are awarded ribbons at the **SilverArts Showcase** and medals for the overall winners at the **SilverArts Follies Show**.

SilverArtists are also invited to attend the **Celebration Social & Medals Ceremony.**